

## COVID-19 SAFETY PLAN - Aldergrove Minor Baseball Association (AMBA)

### Measures in place

#### - Park Usage:

- All spectator benches will be removed or marked "Out of Order" to discourage spectators
- AMBA will only be permitted to use the South East Diamond (Peewee) and the North East Diamond (Devon's/ Lighted)) of Aldergrove Athletic Park South Complex in an effort to limit the amount of people in the baseball area of the park
- There will be a 15-minute difference in scheduling events on either diamond to ensure safe access in and out of the park
- If scheduling multiple events, scheduler must ensure that the size limits are maintained (no more than 50 people per diamond)
- Use of cones, painted arrows, and signs to ensure that people enter and exit the park safely and to space out any spectators
- Schedule will provide a minimum of 15 minutes between events to provide time for participants to leave safely before others arrive and for all equipment to be disinfected.
- Players and coaches should arrive at their scheduled time, not early, all participants should remain in their vehicles until the other participants have left the baseball area of the park and have entered the parking lot, all participants need to vacate the park as soon as possible when their allotted time has expired. (do not linger at the park in groups)
- All players and coaches/volunteers will enter through the park entrance off the parking lot
- Players and coaches/volunteers using the Peewee diamond will leave via the left field exit
- Players and coaches/volunteers using Devon's diamond will leave via right field exit of the diamond or around the exterior walkway diamond (between diamond and bike track)
- Entry should only be through the park entrance off the parking lot, all other entrances will be designated "closed" during AMBA events
- Only those who indicated their attendance at the event via TeamSnap will be allowed to enter the park, no drop-in players/parents/drivers, or coaches
- In-person meetings are discouraged, if needed, all participants must maintain the 2-meter physical distancing
- 2 meter physical distancing circles will be painted on the grass up the 1st and 3rd baselines where the players and coaches can place their belongings upon arrival, all personal belongs not needed for practice, including water bottles, need to be kept in this circle
- No team huddles and drills must ensure that players must remain 2 meters apart

- No use of the dugouts
- Township of Langley Tracking forms to be used for every session and submitted to the Township of Langley as per the EOC guidelines.
- Teamsnap "Health Check" to be completed before entry of facility and digital file kept on file by the Vice President of Administration.
- **Batting Cages**
  - Tarps removed from the batting cage walls on the North & South walls from 8 feet off the floor down to allow air through and create an "outdoor" cage.
    - Mesh "open aired" mesh exists for security and safety but is otherwise non-obstructive to air flow.
  - Entrance through the Back-Main Doors only with the Doors. Doors to remain closed always to ensure approved entry only.
  - Exit through the Front Gate which is always to remain closed to prevent unauthorized entry.
  - "Storage Area" to be closed to participants. Instructors only.
  - "Players Area" to have hooks 3 meters apart from each other for player personal space.
  - Players area to have the South gate as entrance into the area and North gate as entrance into the Development area. Gates are to be locked "open" at all times to prevent touch points.
  - Sanitization stations set up at the Entrance, Exit and Players area.
  - Players/ Instructors must sanitize upon entering the Batting cages, entering, and exiting the Players Area and exiting the batting cages.
  - Maximum 10 players/ coaches in the batting cages always.
  - 3 meter social distancing at all times.
  - 15 minute break in schedule to allow for sanitization of the facility, to include but not limited to; all entrance & exit doors, high touch areas of netting, sanitization tables, baseballs, bats, L-screens and any other equipment being used.
  - First Aid Kit, disposable masks & gloves available in the batting cages always
  - Contact Tracing: Township of Langley Tracking forms to be used for every session and submitted to the Township of Langley after EACH session as per the EOC guidelines.
  - Teamsnap "Health Check" to be completed before entry of facility and digital file kept on file by the Vice President of Administration.
  - COHORTS will be designated to ensure that athletes will be training with the same members.
    - COHORT composition will be structured after the RTP guidelines of viaSPORT and BC Minor Baseball under the current Phase.
    - A two week "break" will be mandated to change COHORT groups as per the viaSPORT RTP guidelines.

**\*\* UPDATE: MASK USAGE \*\***

- Phase 2 of viaSPORT Return to Play
  - Participants, Coaches and Support Staff must always wear masks.
  - NO SPECTATORS

- Phase 3 of viaSPORT Return to play
  - Participants must wear masks until they are ready to participate in the activity.
  - Coaches and Support Staff must always wear masks.
  - NO SPECTATORS

**Measures in place** - List the rules and guidelines that everyone is required to follow. This could include things like using one-way doors or walkways, no sharing of equipment, and wiping down equipment after use.

- Use of painted arrows and signs to ensure that people entering and exiting the park safely and to space out any spectators
- Schedule will provide a minimum of 15 minutes between events to allow time for participants to leave safely before others arrive and for any and all shared equipment to be disinfected
- Players and coaches should arrive at their scheduled time, not early, all participants should remain in their vehicles until the other participants have left the baseball area of the park and have entered the parking lot, all participants need to vacate the park as soon as possible when their allotted time has expired. (do not linger at the park in groups)
- Entry should only be through the park entrance off the parking lot, all other entrances will be marked "closed" during AMBA events
- At the entrance to the park there will be a table with hand sanitizer that all people attending an AMBA event must use before entering and exiting
- Only those who indicated their attendance at the event via TeamSnap will be allowed to enter the park, no drop in players/parents/drivers or coaches
- No Concession
- Hand Sanitizer provided to each team using the park as well as disinfectant for the equipment (Sanitizing disinfectant will be Aerochem from Walter Surface Technologies, 70% Alcohol Liquid Surface Cleaner plus wipes)
- The first scheduled team/coach will be responsible for setting up all cones and signs and the last scheduled team/coach to use the park must bring in and sanitize all cones and portable signs etc before returning them into storage
- No travel, no gatherings over 50
- Full team practices including all available coaches
- Volunteer will be provided with gloves and masks when sanitizing equipment
- No shared personal equipment
- Should a player require catcher's equipment, AMBA will supply equipment to the player for the season. This catcher's equipment will be for the player's personal use and is not to be shared. The player will be responsible for maintaining and cleaning any and all borrowed catcher's equipment
- Disinfect team equipment before, during and after practices, to be completed by the team volunteer
- All bases must be disinfected before being returned to storage
- Disinfect all door handles and alarm pads on the batting cages upon opening up the cages and once they are closed for the day
- All baseball must be disinfected at the end of practice.
- When possible, players are encouraged to work in pairs with 1 ball between them.
- Anyone handling the field prep equipment will be supplied with gloves
- All field prep equipment must be sanitized after every use and/or before being put into storage

- Only the coaching staff and official volunteers will sanitize the team equipment
- All teams will be provided with garbage bags

**Measures in place** - Who will use masks? What work tasks will require the use of masks? How have workers been informed of the correct use of masks?

- All first aid kits will contain at least 3 masks and 3 pairs of gloves
- All first aid attendants need to use a mask and gloves before administering first aid, new masks and gloves will be provided with first aid kits
- Volunteer will be provided with gloves and masks when sanitizing equipment

**\*\* UPDATED – MASK USAGE \*\***

- Phase 2 of viaSPORT Return to Play
  - Participants, Coaches and Support Staff must always wear masks.
  - NO SPECTATORS
- Phase 3 of viaSPORT Return to play
  - Participants must wear masks until they are ready to participate in the activity.
  - Coaches and Support Staff must always wear masks.
  - NO SPECTATORS

**Cleaning protocols** - Provide information about your cleaning plan. Specify who is responsible for cleaning, the cleaning schedule, and what the cleaning protocols will include (e.g., which surfaces, tools, equipment, etc.).

**The Township of Langley is responsible for the maintenance and cleaning of the washrooms**

- Coaches or official volunteers will disinfect all door handles and alarm pads on the batting cages upon opening the cages and before all training sessions.
- All fence areas that the players or coaches came into contact with need to be sanitized at the end of practice
- Coaches will access all equipment through the batting cage storage area. These items will be placed in the storage area by members of the AMBA Return to Play Committee, Brad Blatz, Warren Pilat, Dan Moraes and Jeff Dunton. Only members of the AMBA Return to Play Committee will access any equipment not found in the batting cage storage area, ie Tractors and spikes

**Step 3: Develop policies** Develop the necessary policies to manage your sport. Our policies ensure that participants and others showing symptoms of COVID-19 are prohibited from participating in sport activities

- Players/ Coaches/ Instructors to complete “Health Check” on Teamsnap prior to arrival at facility. Digital file kept on record with the Vice President of Administration.
- Coaches/ Instructors will check to ensure Health Check is completed for the daily symptom screenings for all players/volunteers.
- Contact Tracing: Township of Langley Tracking forms to be used for every session and submitted to the Township of Langley as per the EOC guidelines.
- In the event that a case or outbreak (2 or more cases) of COVID-19 are reported within the AMBA organization, the AMBA Return to Play Committee, Brad Blatz, Warren Pilat, Dan Moraes and Jeff Dunton, will implement the following plan
  - **If any case of COVID-19 is reported to AMBA:**
    - AMBA will report the case to the Township of Langley and the Medical Health Officer
    - All activities suspended
    - All club equipment to be sanitized by the sanitizing committee
    - Coaches and players will be informed of the case of COVID and told to responsibly sanitize their personal equipment
    - Player/Coach/Instructor must follow Fraser Health’s direction for self-isolation & testing
    - Other coaches/players who may have been exposed will be informed and removed from practice for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities
    - Other registered players/coaches/volunteers will be contacted by the Committee and must self-monitor their symptoms daily, report any respiratory illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite. Individuals should contact 8-1-1 if they experience any of the above symptoms
    - Return to Play - any Player/Coach/Instructor who fails the “Health Check” cannot return to play until
      - A negative COVID-19 test can be verified and sent to the Director of Risk Management
      - Self-Isolate for 14 days
    - if POSITIVE COVID-19 test
      - Remain in Isolation as per the Direction of the Health Authority
      - Must receive Medical clearance and sent to the Director of Risk Management prior to return to play.

**Step 4: Develop communication plans and training** You must ensure that everyone participating in the sport activity knows how to keep themselves safe while participating.

- All coaches will receive an orientation package and on-site demonstration of the sanitation and monitoring procedures
- All communication will be sent out through the coaches
- Signage will be posted before the day's events
- The first scheduled team/coach will be responsible for setting up all cones and signs and the last scheduled team/coach to use the park must bring in and sanitize all cones and portable signs etc before returning them to storage