



Everyone gets a free MSM hat!

## BASEBALL GAMP OUR PROGRAM:

Summer

- Baseball Fundamentals
- Game Like Drills
- Athleticism Drills
- Mindset Strengthening
- Competition & Prizes

Aldergrove Athletic Park - 26845, 27th Ave. , Aldergrove BC

*Camp 1:* July 7th-11th @ 8:30am - 11:30am

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## *Camp 8:* Aug. 11<sup>th</sup>-15th @ 1:00pm - 4:00pm

- Age Group One: 5U, 7U & 9U.
- Age Group Two: 11U, 13U & 15U. Limited to 20 spots available per age group.



www.MultiSportMindset.com

Step 1: Go To "Baseball Camps" Tab Step 2: Hit "Click For Camps Schedule" Button Step 3: Select Your Desired Camp For Support Email: coachjoe@multisportmindset.com

## Pricing:

SUPER EARLY BIRD Until May 28th	\$ 250*
EARLY BIRD: <i>Until June 12th</i>	\$ 265*
REGULAR:	\$ <b>295</b> *
After June 12th	*GST not included



- Expert Baseball Instruction in the areas of: hitting, throwing, catching, fielding, pitching back-catching & base running.
- Game-like drills & competitions that increase performance, decision making, and level up skills.
- Athletic drills to make you run faster, jump higher, get stronger & increase coordination.
- Age-appropriate levels of skill difficulty to challenge, engage & improve each player.
- Tons of **prizes** for personal & team bests to build sportsmanship, leadership, teamwork & problem solving skills together.
- We focus on 4 core concepts throughout the camp:
  - Listening with your eyes & ears to hear each explanation & see each demonstration.
  - Give your best effort to **beat your own personal score**.
  - Hustle everywhere you go, it takes no talent, only effort & self-discipline.
  - Take ownership for your thoughts, emotions & actions by focusing on controllables.
- The mindset to execute offensive and defensive strategies by asking:
  - "What is success for the skill I am performing?"
  - "What is my job on this pitch given the current situation?"
  - "How can I take ownership of my thoughts, emotions & actions to perform the best I can?
- Collaborative learning between players & coaches ensuring camps are a blast!
- Low player to coach ratio ensuring **each player receives the attention they deserve**.
- Every player has the opportunity to pitch, back catch, & learn new positions.
- Each days ends with a baseball game that is part of a 5-day World Series Tournament.

## SIGN UP On Our Website:

WWW.MULTISPORTMINDSET.COM

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